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### Riverbed sediments in the Apies River, South Africa: recommending the use of both *Clostridium perfringens* and *Escherichia coli* as indicators of faecal pollution

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#### Abstract

**Purpose:** Sediments have been shown to contribute to the microbial quality of the water column during resuspension and serve as reservoirs for potentially pathogenic organisms. Currently, definitive guidelines regarding microbial indicators that need to be assessed in order to monitor faecal pollution in sediments do not exist. In this study, *Escherichia coli* (a well-established indicator) and *Clostridium perfringens* were monitored to determine their suitability as indicators for faecal pollution of sediments.

**Materials and methods:** Enumeration of *E. coli* in water was performed using the Colilert™ 18/Quantitray-2000 system from IDEXX. Identification and enumeration of *C. perfringens* in water was conducted using the boil method followed by the pour plate technique. Real-time polymerase chain reaction (RT-PCR) was used to confirm isolates. *E. coli* and *C. perfringens* were enumerated in sediment by firstly using the water displacement approach to dislodge organisms from sediment and then subsequently followed by the same methods as those used for detection and enumeration of the two potential indicators in water.

**Results and discussion:** The highest concentrations of *E. coli* and *C. perfringens* were obtained along the main stem of the Apies River which was characterised by the presence of wastewater treatment works, animal farmlands and informal settlements with inadequate sanitary facilities. The lowest concentration of both organisms was observed along the tributaries of the river, where there was minimal faecal pollution-related activity. Due to the difference in biological characteristics and survival patterns, concentrations of *E. coli* in sediments fluctuated (higher concentrations in the wet season) during the entire sampling period while concentrations of *C. perfringens* remained stable. There was a positive correlation between temperature and the presence of both organisms in the sediment, indicating the enabling environment of sediment to aid in bacterial survival.

**Conclusions:** *E. coli* and *C. perfringens* are both suitable indicators of faecal pollution in riverbed sediments. However, both organisms need to be monitored together for accurate assessment of the faecal pollution of sediments. *E. coli* remains a good indicator of recent faecal pollution and provides insight into the short-term impact of faecal pollution, while *C. perfringens* gives an indication of the long-term impact of faecal deposition in riverbed sediments due to the organisms' persistence in the environment.