

Modelling Goldmann applanation tonometry to improve accuracy of glaucoma screening

Emerging Researcher Symposium



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Background

- Glaucoma is the second leading cause of blindness, after cataracts.
- It is the primary cause of irreversible blindness.

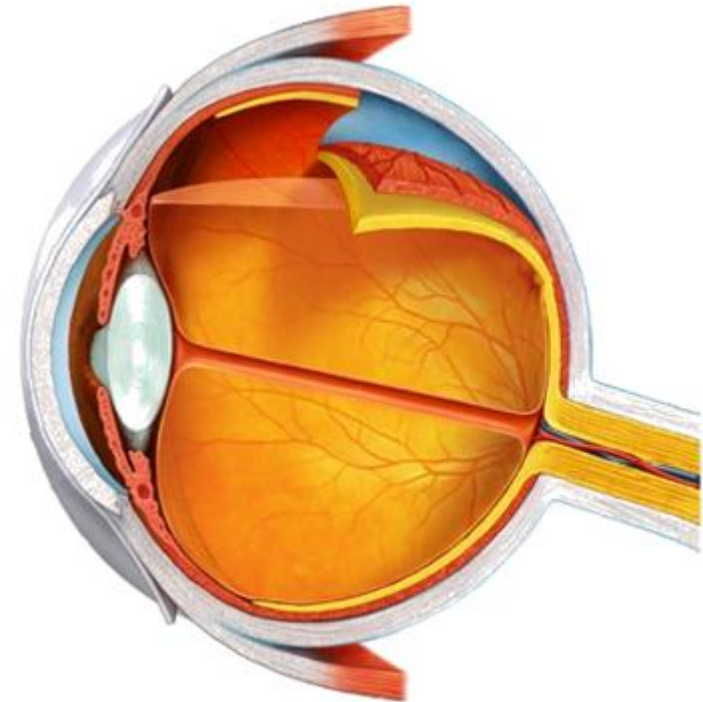
Background

What about SA?

- Approximately 2.65 million South Africans will have glaucoma by 2020.

What is glaucoma?

- Glaucoma is a progressive disease which affects the optic nerve
- Leads to irreversible blindness
- Common cause is a rise in intraocular pressure (IOP)



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.Boson, M., Glaucoma-symptoms.jpg, Available at: <http://www.aboutsymptomsblog.com/wp-content/uploads/2012/04/Glaucoma-symptoms.jpg> [Accessed August 27, 2012].

.Trobe, J., 1915. Acute_Angle_Closure-glaucoma.jpg, Available at: http://en.wikipedia.org/wiki/File:Acute_Angle_Closure-glaucoma.jpg [Accessed August 28, 2012].

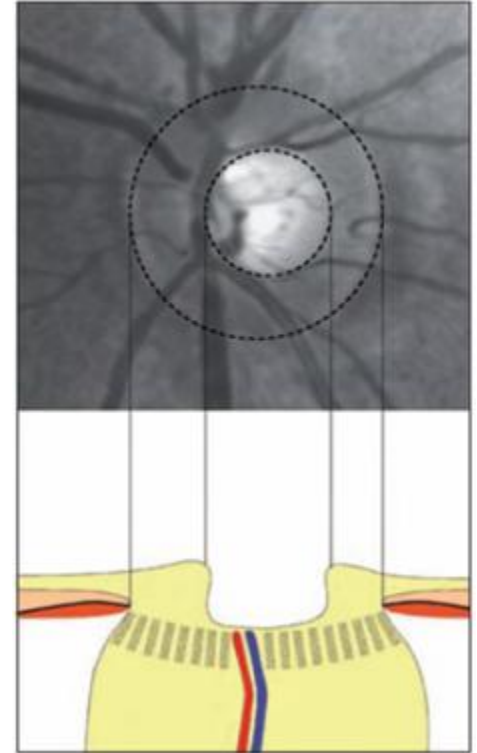
Background

How is glaucoma diagnosed?

- An elevated IOP is the primary risk indicator for glaucoma
- during routine optometry check ups
- Glaucoma progression is tested using two diagnostic tools:
 - . Structural integrity of the optic nerve
 - . Degradation of visual field

Glaucoma management?

- Most common treatment is to lower the IOP
- Three methods:
 - . Medical therapy
 - . Laser therapy
 - . Surgery

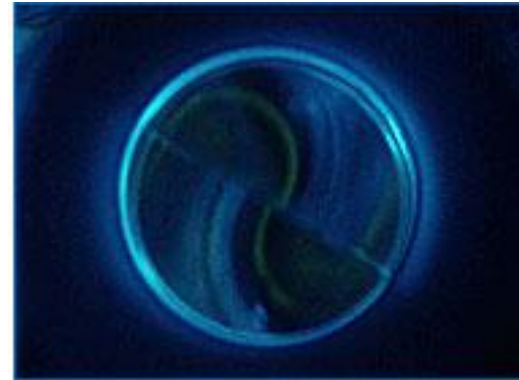


INTRAOCULAR PRESSURE IS IMPORTANT

Background

How is IOP measured?

- Goldmann applanation tonometry is the most common method
- Measures the indentation resistance of the cornea to estimate IOP, at an applanation diameter of 3.06mm



Associated pitfalls?

- Corneal thickness and material properties are known to influence the IOP reading when they deviate from the norm
- A patient's age is also considered a factor, as the cornea becomes more stiff with age

- Anon, RTEmagicC_Eye_tonometer_02.jpg.jpg (JPEG Image, 196 × 140 pixels) - Scaled (0%), Available at: http://www.haag-streit.com/uploads/RTEmagicC_Eye_tonometer_02.jpg.jpg [Accessed September 6, 2012b].
- Anon, RTEmagicC_tonoView_02.jpg.jpg (JPEG Image, 196 × 140 pixels) - Scaled (0%), Available at: http://www.haag-streit.com/uploads/RTEmagicC_tonoView_02.jpg.jpg [Accessed September 6, 2012c].
- Kniestedt, C. et al., November. Tonometry Through the Ages. Survey of Ophthalmology, 53(6), pp.568–591.

Improve the accuracy of glaucoma screening

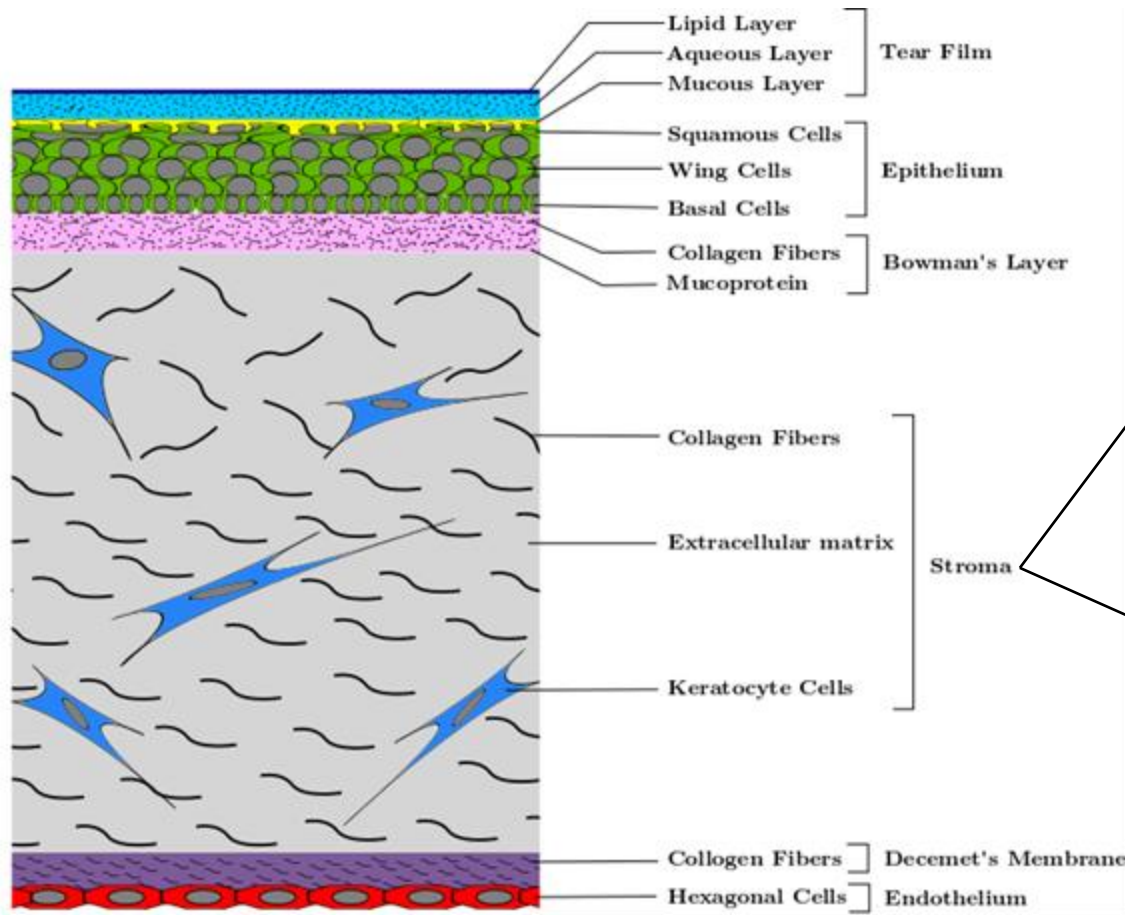
Numerically simulating Goldmann applanation tonometry

Determine a relationship between the corneal thickness, properties and IOP

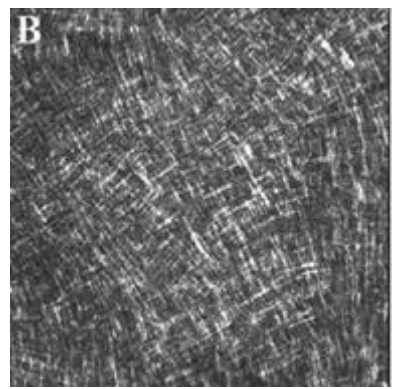
Estimate the IOP more accurately using reduced order modelling techniques

- Developing a finite element model of the cornea
- Calibrate the corneal properties with experimental inflation test data
- Simulate Goldmann applanation tonometry
- Extract the ocular response history

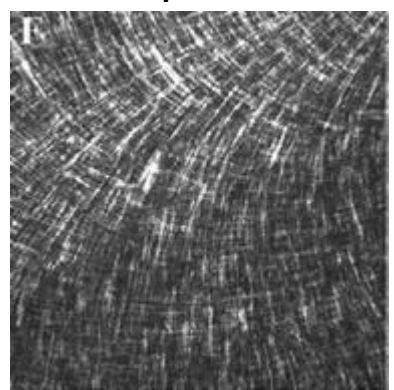
Anatomy of the human cornea



Central



Peripheral



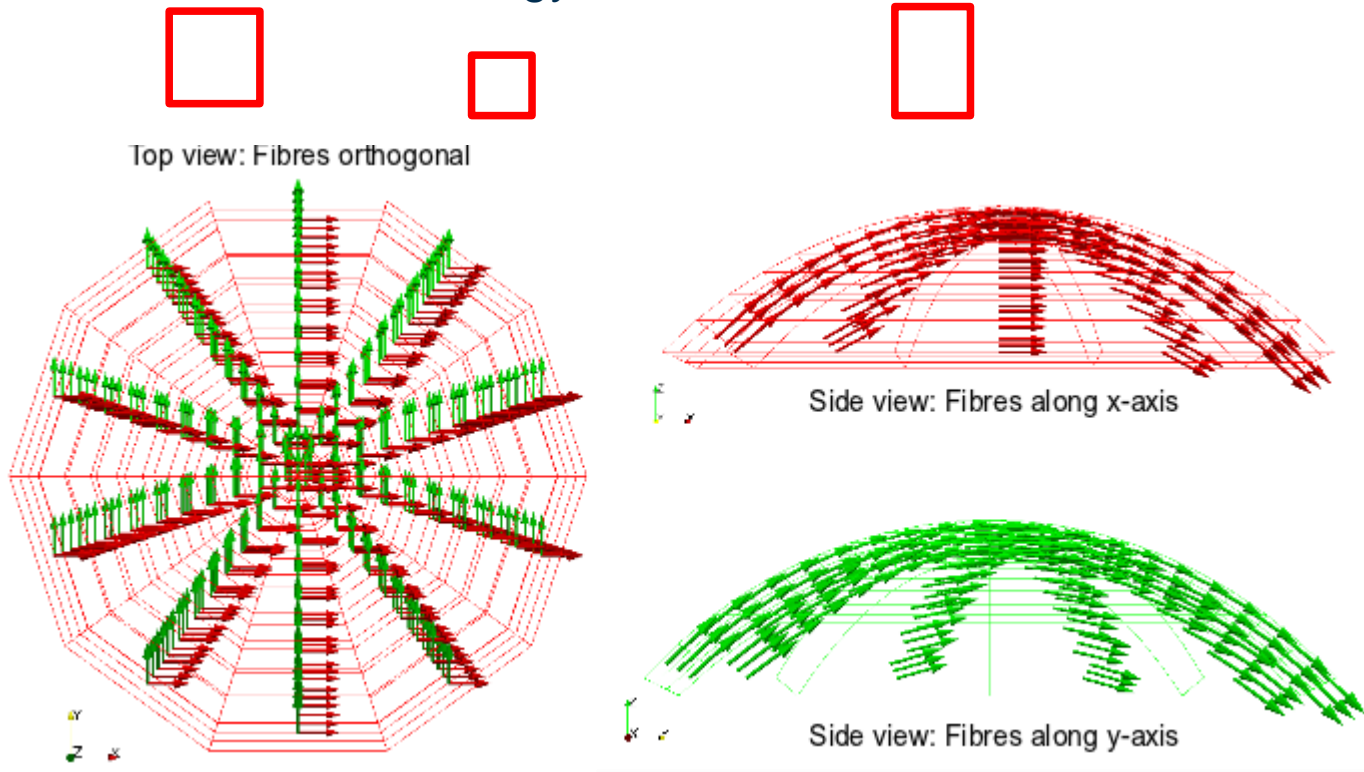
Secker, G.A. & Daniels, J.T., 2009. Limbal epithelial stem cells of the cornea. StemBook. Available at: <http://www.stembook.org/node/588> [Accessed January 19, 2012].

Boote, C. et al., 2011. The Influence of Lamellar Orientation on Corneal Material Behavior: Biomechanical and Structural Changes in an Avian Corneal Disorder. Investigative Ophthalmology & Visual Science, 52(3), pp.1243–1251.

Finite element model of the cornea

Rotationally symmetric conicoid:

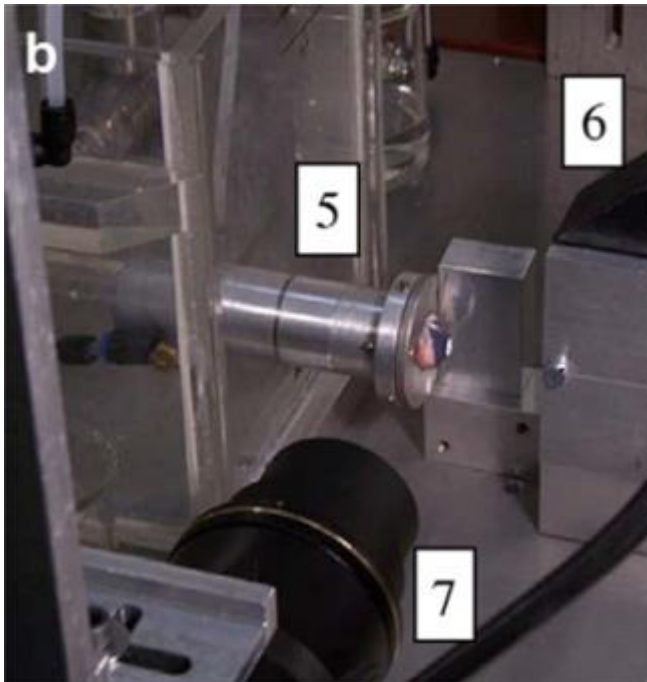
Elastic reinforced fiber strain energy function:



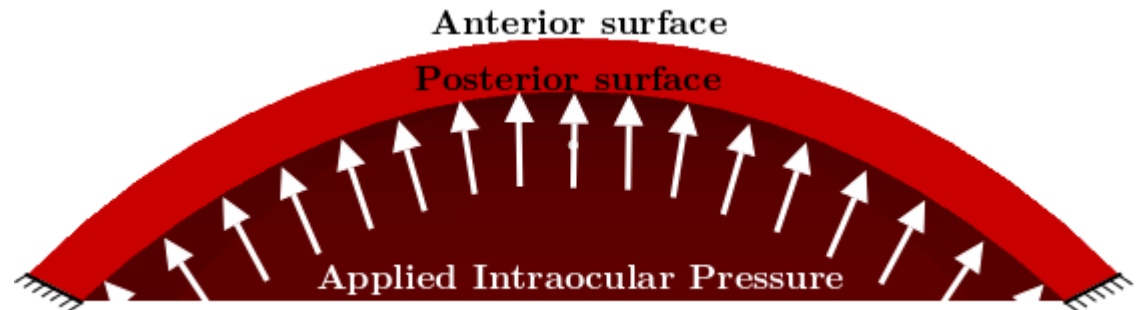
.Carney, L.G., Mainstone, J.C. & Henderson, B.A., 1997. Corneal topography and myopia. A cross-sectional study. Investigative Ophthalmology & Visual Science, 38(2), pp.311–320.
.Dhondt, G.D.C., 2004. The finite element method for three-dimensional thermomechanical applications, John Wiley and Sons.

Inflation test

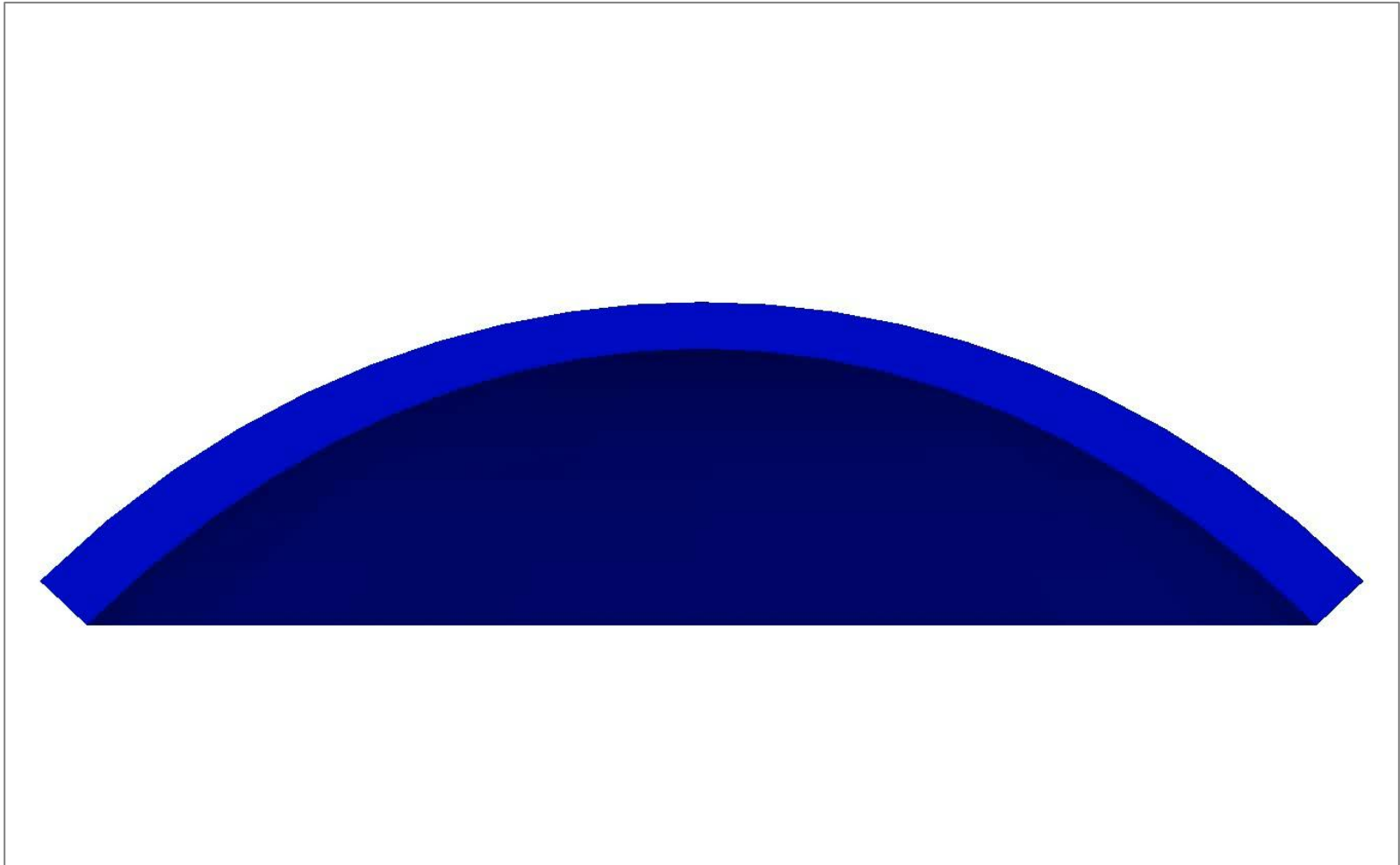
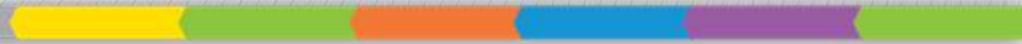
Experimental setup



FE boundary conditions

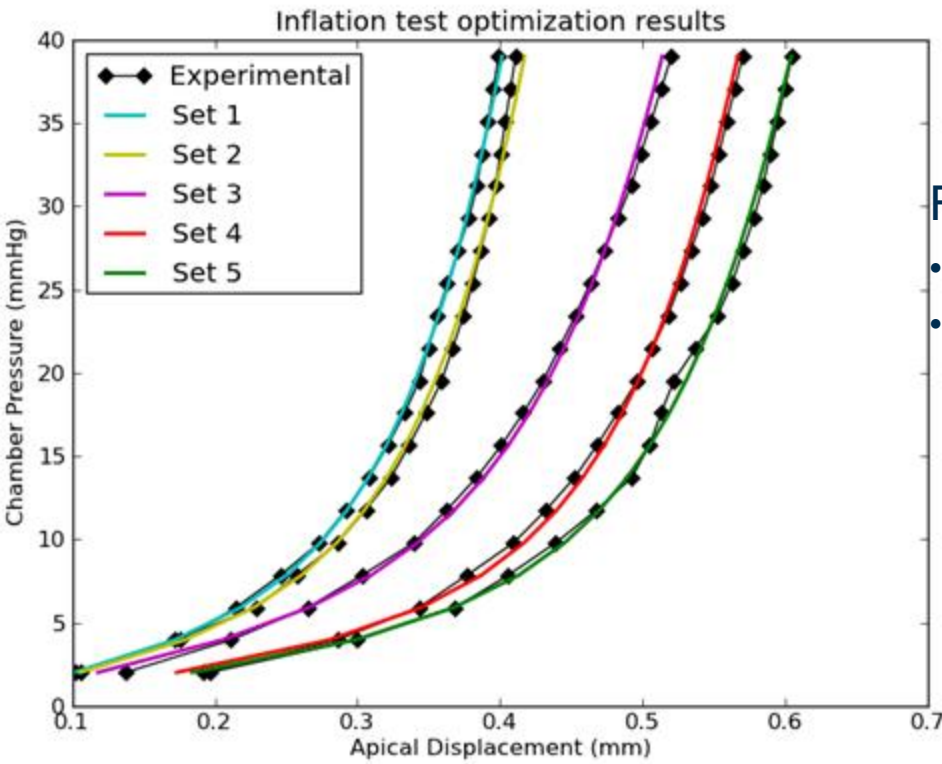


Inflation Test




Calibration of material coefficients

Minimise the root mean square error:

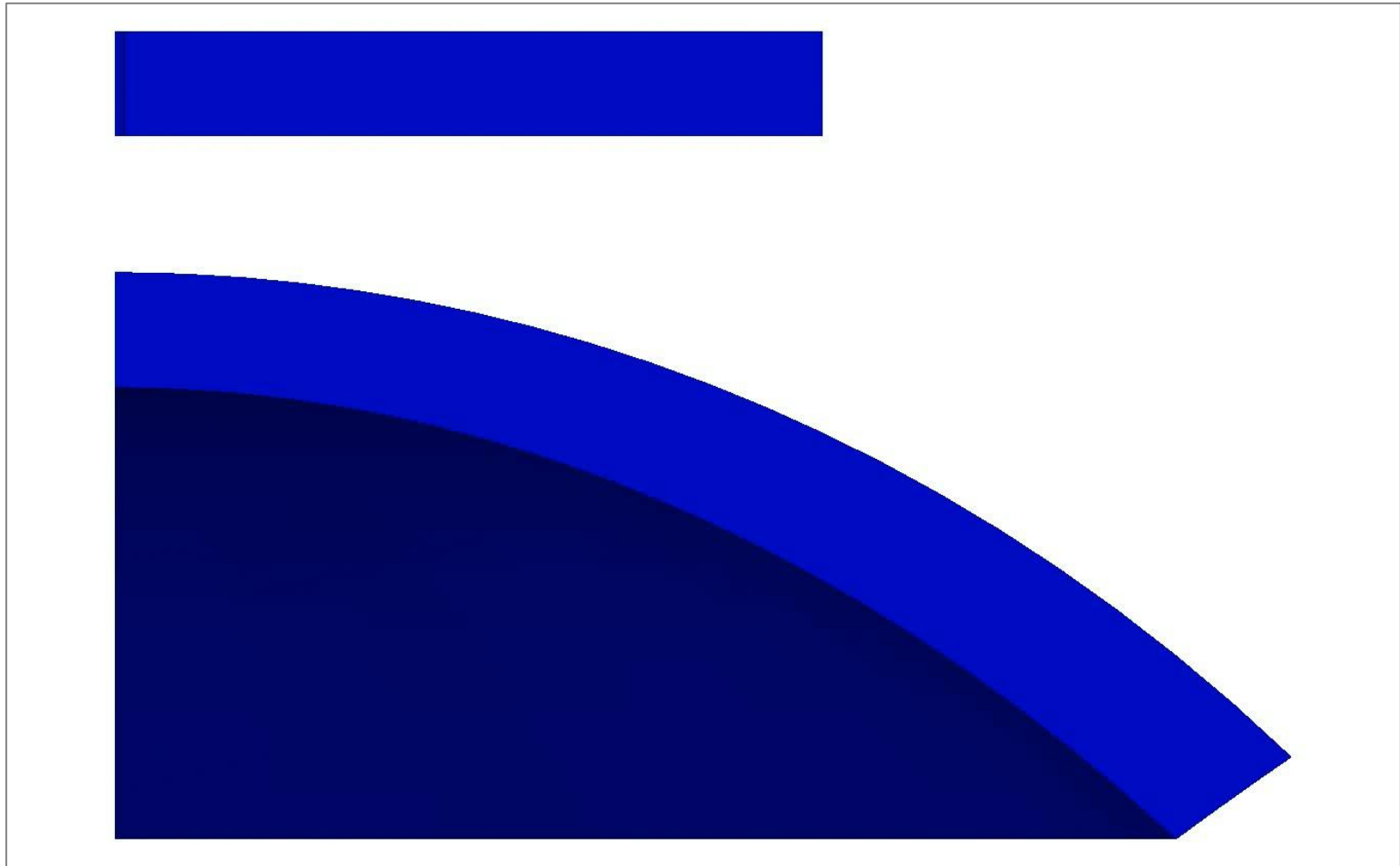
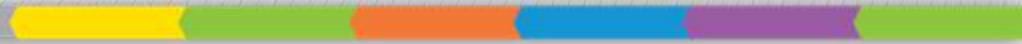


Fixed:
•C1 = 0.004 MPa
•D1 = 0.4

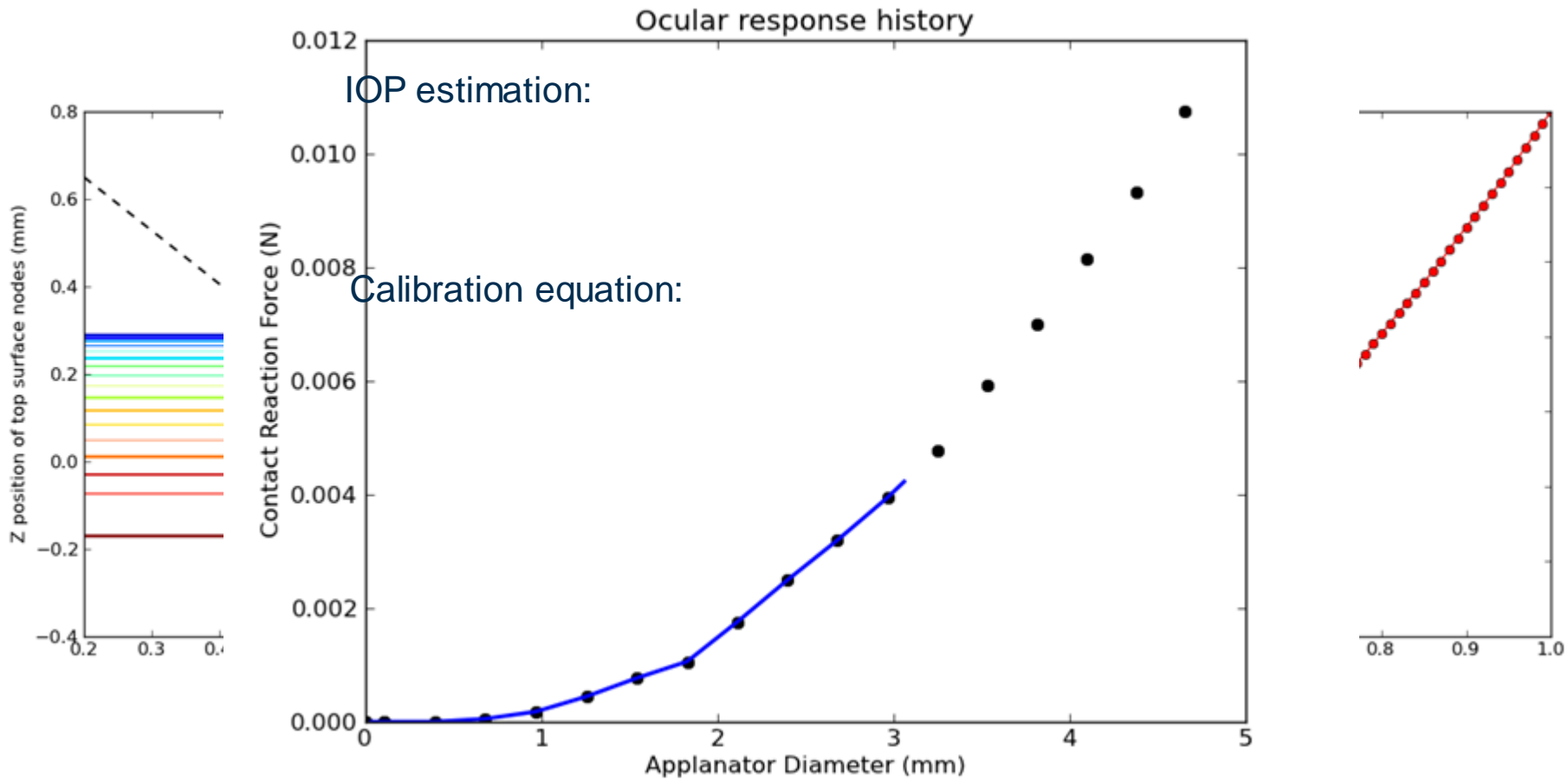
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Bryant, M.R. & McDonnell, P.J., 1996. Constitutive Laws for Biomechanical Modeling of Refractive Surgery. Journal of Biomechanical Engineering, 118(4), pp.473-481.

Goldmann Applanation Tonometry



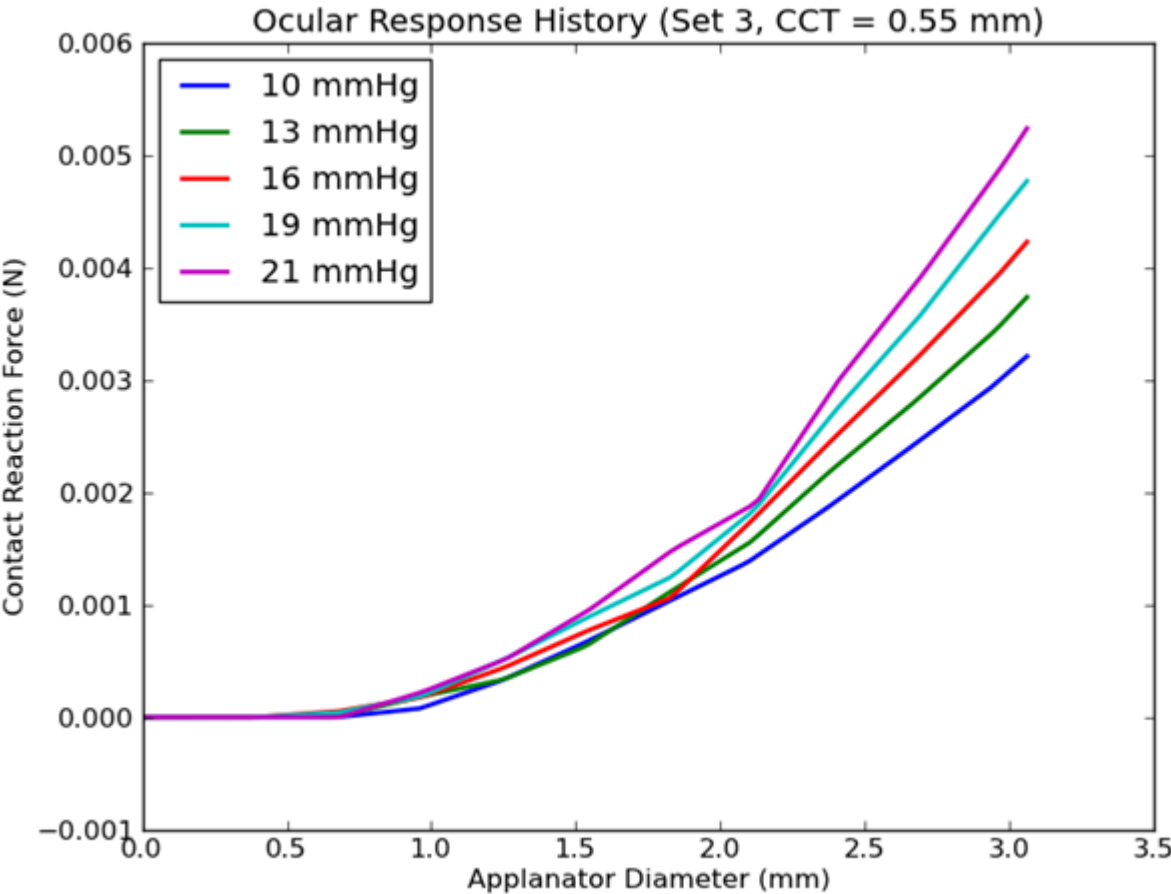
How do we extract the ocular response history?



Variation due to intraocular pressure



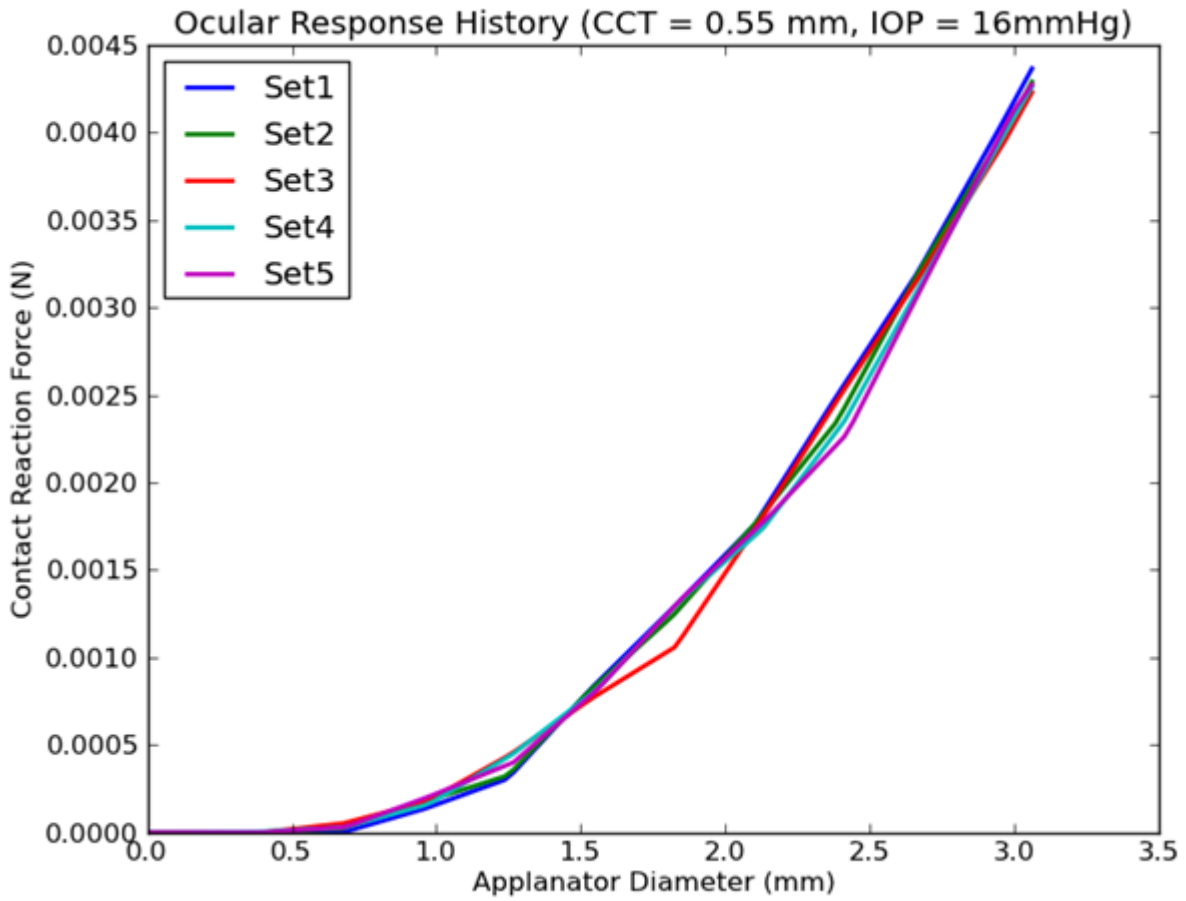
Optimise for the absolute error:



IOP estimation using calibrated diameter:

- 21.43 mmHg
- 18.80 mmHg
- 15.76 mmHg
- 13.01 mmHg
- 10.06 mmHg

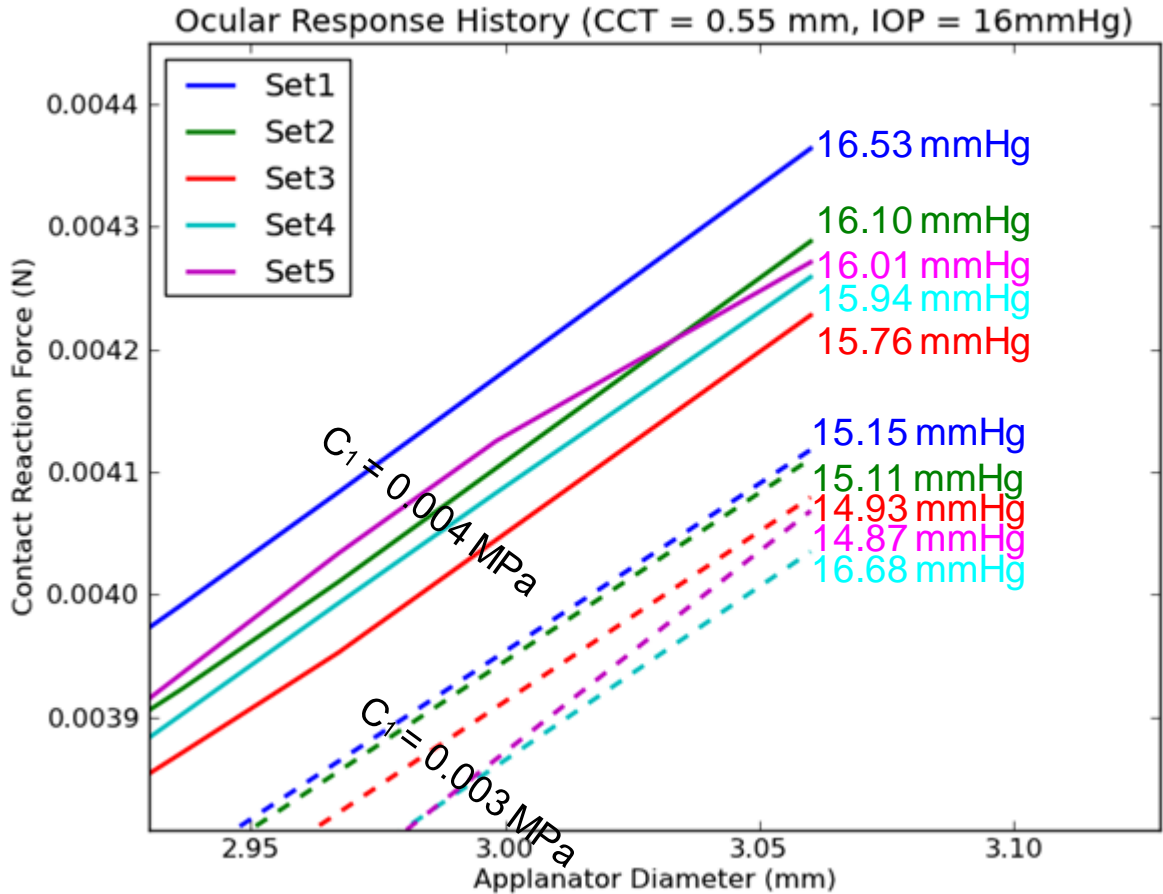
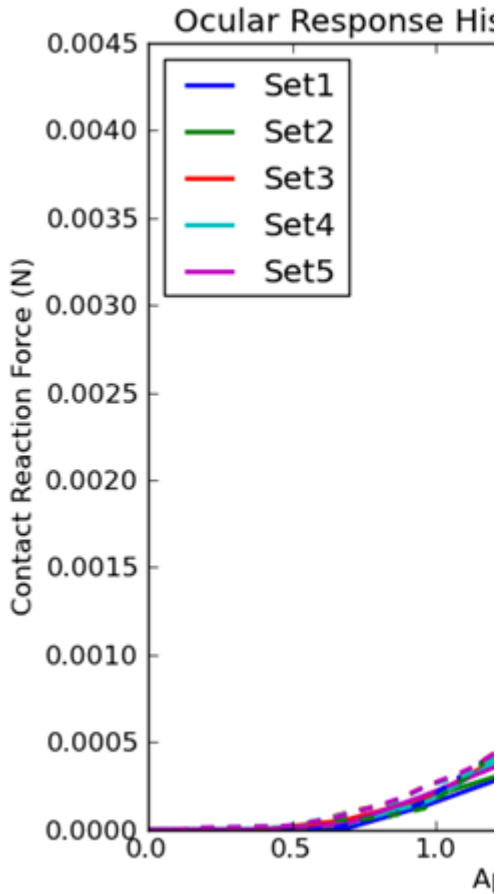
Variation due to material properties



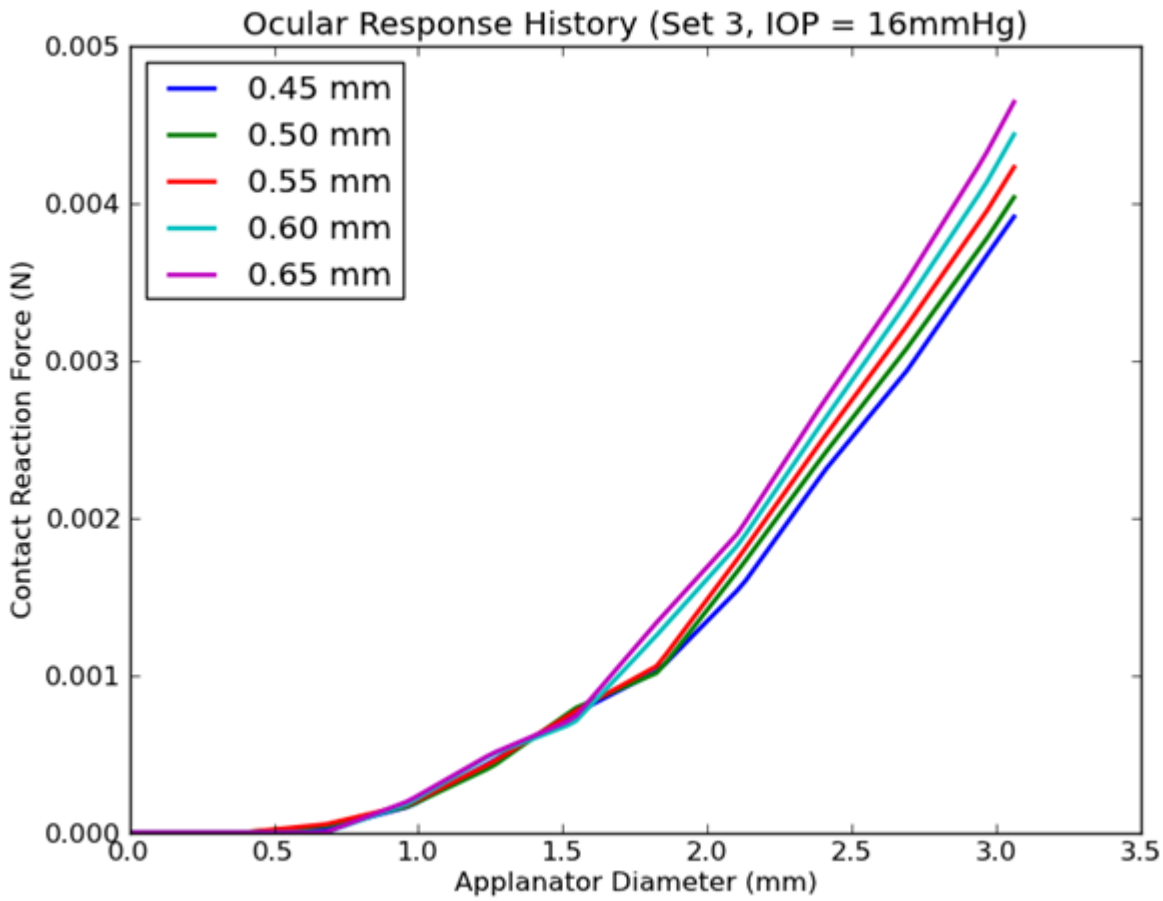
IOP estimation using calibrated diameter:

- 16.53 mmHg
- 16.10 mmHg
- 15.76 mmHg
- 15.94 mmHg
- 16.01 mmHg

Variation due to material properties



Variation due to corneal thickness



IOP estimation using calibrated diameter:

- 18.09 mmHg
- 16.93 mmHg
- 15.76 mmHg
- 14.69 mmHg
- 14.00 mmHg

Conclusions

What did we do?

- Developed a finite element model of the human cornea, which includes the complex structure
- Calibrated the material coefficients with experimental inflation test data by assuming that only the fibers contribute to corneal stiffness, and therefore the cornea elastin is the same for all corneas
- Simulated Goldmann applanation tonometry and obtained an ocular response history, which we then numerically calibrated as Goldmann did

What did we learn?

- The fibers contribute very little to the corneal stiffness and the elastin actually contributes the most
- Central corneal thickness and intraocular pressure influences the Goldmann tonometer measurement

Future work

In this study

- Study the effects of numerical model assumptions on the Goldman applanation tonometry simulation
- Inversely estimate the intraocular pressure using reduced order modelling techniques

Overall project

- Apply these techniques to the air puff tonometer which is a non contact method
- Improve the calibration process of the numerical model by also calibrating for material coefficients using strip extensometry data
- Improve the current material model to include the visco-elastic effects of the cornea
- Refine the reduced order modelling techniques used to inversely estimate intraocular pressure

Thank you

