

# High throughput screening of South African plants for anti-cancer properties

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Plants have a long history of use in the treatment of cancer and over 60% of currently used anti-cancer agents are derived in one way or another from natural sources<sup>1</sup>. South Africa has a rich plant biodiversity with only a limited number reported for the treatment of cancer<sup>2</sup>. As a result, a collaborative research programme was initiated between the CSIR and the National Cancer Institute (NCI) in the USA, aimed at the screening of plant extracts and identification of potentially new anti-cancer drug leads. To date, 7 500 randomly selected plant extracts representing 700 taxa were tested against a panel of three human cancer cell lines (breast MCF7, renal TK10 and melanoma UACC62) at the CSIR. Plant extracts that exhibited anti-cancer activity against these three human cell lines were then screened by the NCI against 60 human cancer cell lines organised into sub-panels representing leukaemia, non-small cell lung, colon, central nervous system, melanoma, ovarian, renal, prostate and breast cancer lines.

We have previously reported on South African plants having moderate anticancer activity3. We now wish to report on those plants that have shown potent anti-cancer activity arising from our ongoing high throughput anti-cancer screening programme at the CSIR.

#### MATERIALS AND METHODS

#### Plant material

Plant material collections were conducted from various regions in South Africa and voucher specimens deposited and identified at the South African Biodiversity Institute (SANBI). An average of three plant part samples were collected from the same terrestrial plant specimen and each part constituted a separate physical sample.

#### **Extraction methods**

Plant samples were dried in an oven at 30-60 °C. Dried material was ground to a coarse powder using a hammer mill and (100-500g) was sequentially extracted with dichloromethane (DCM), DCM/methanol (MeOH), MeOH and purified water. Organic extracts were concentrated by rotary vacuum evaporation and then further dried in vacuo. The aqueous extracts were concentrated by freezedrying. All extracts were stored at -20 °C.

# In vitro anti-cancer screening (CSIR and NCI)

The high throughput method adopted at the CSIR against 3-cell line panels allows the screening of 280-380 samples at one dose (100 ppm) or 60-70 samples at five doses over a week using the protocol of the Drug Evaluation Branch, National Cancer Institute<sup>4,5,6</sup>. End point determinations were made with a protein-binding dye, Sulforhodamine B (SRB) (see Figure 2). Extracts, which reduced the growth of two of the cell lines by 75% or more, were further tested at five concentrations ranging from 6.25-100 ppm with Etoposide used as a positive standard. The results of the five dose assays were reported as TGI (total growth inhibition) and extracts that exhibited TGI < 6.25 ppm were considered to be potent (see Figure 1). Extracts falling in this category were subjected to further in vitro testing for selective cytotoxicity against panels of 60 human cancer cell lines at the NCI. Results from NCI were reported as mean log10 functions of the three response parameters, GI<sub>50</sub> (50% growth inhibition), TGI (drug concentration that is indicative of the cytostatic effect of the test agent), and LC<sub>50</sub> (50% lethal concentration indicative of the cytotoxic effect of the test agent), calculated for each cell line.

# **RESULTS AND DISCUSSION**

Thirty-two plant extracts were found to demonstrate potent anti-cancer activity, representing 24 different plant taxa, which is a hit rate of 3,4% based on the number of taxa screened (Table 1). Among the 32 potent extracts, six belong to the phylum Apocynaceae, representing three plant species. The plant species Acokanthera oppositifolia and Gomphocarpus fruticosus are reported in literature as sources of toxic cardiac glycosides, which cause livestock poisoning in South Africa<sup>7</sup>.

The phylum Crassulaceae, Kalanchoe paniculata and Cotyledon orbiculata spp. oblonga) is reported to contain bufadienolides and these are toxic to livestock and cause the well-known krimpsiekte<sup>8</sup>. The Solanaceae family, representing three Solanum species (0,4% hit rate), is a source of steroidal alkaloids and bioassay-guided fractionation of the plant extract of Solanum aculeatissimum yielded Solasonine with reported cytotoxicity and cancer-related activity8. The highest hit rate in this study was from the phylum Asteraceae, which is rich in sesquiterpene lactones and representing four plant species (0,6%). Ursolic acid was isolated from Cussonia paniculata. Triterpenoid acids such as oleonolic and ursolic acid are common plant constituents and associated with anti-tumor activities<sup>1</sup>. A cytotoxic ent-kaurene diterpenoid, 13-methoxy-15-oxozoapatlin, was isolated from the bioassay-guided fractionation of Parinari curatellifolia. The structure and cytotoxicity was published by Kinghorn<sup>9</sup> and the compound showed selectivity for leukaemia cell lines. Plumbagin was isolated from the organic extract of Plumbago zeylanica (Plumbaginaceae) and in vitro cytotoxicity against

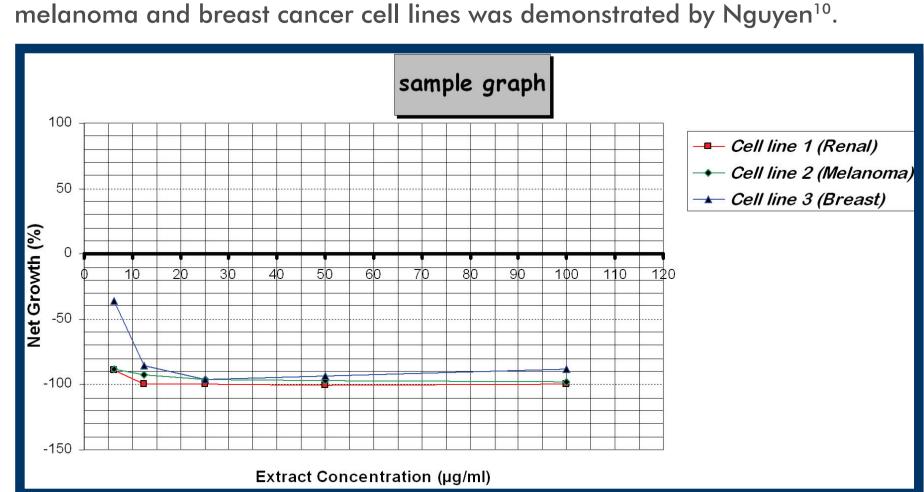


Figure 1: Graph of a plant extract showing potent anti-cancer activity

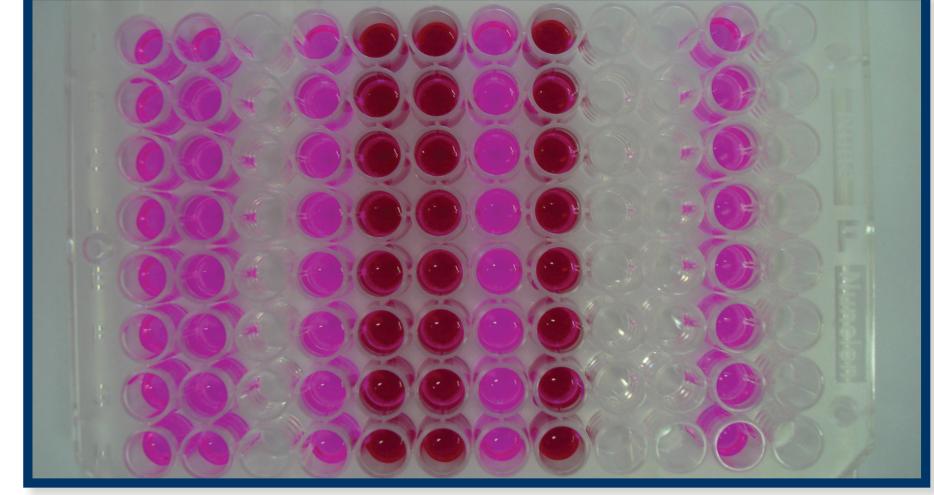


Figure 2: Cancer cells in the 96-well microlitre plates

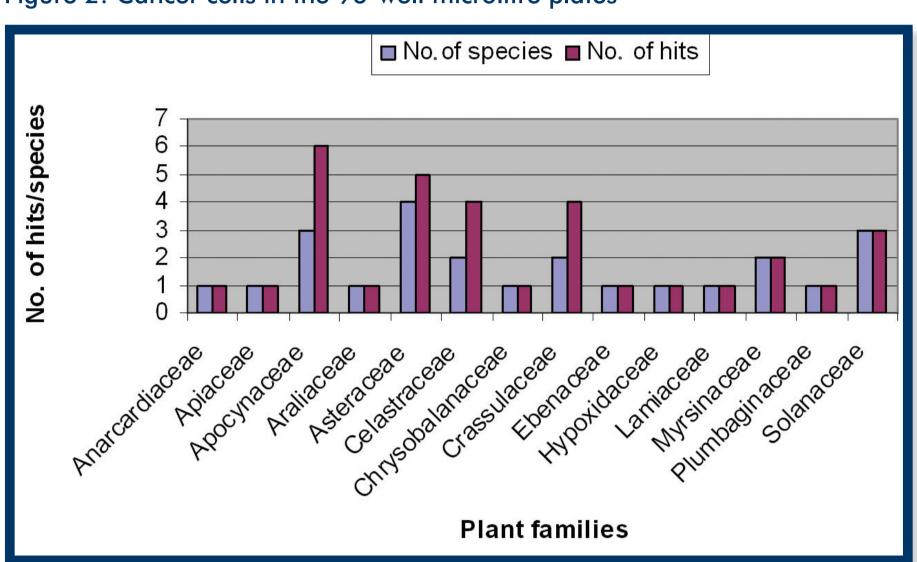


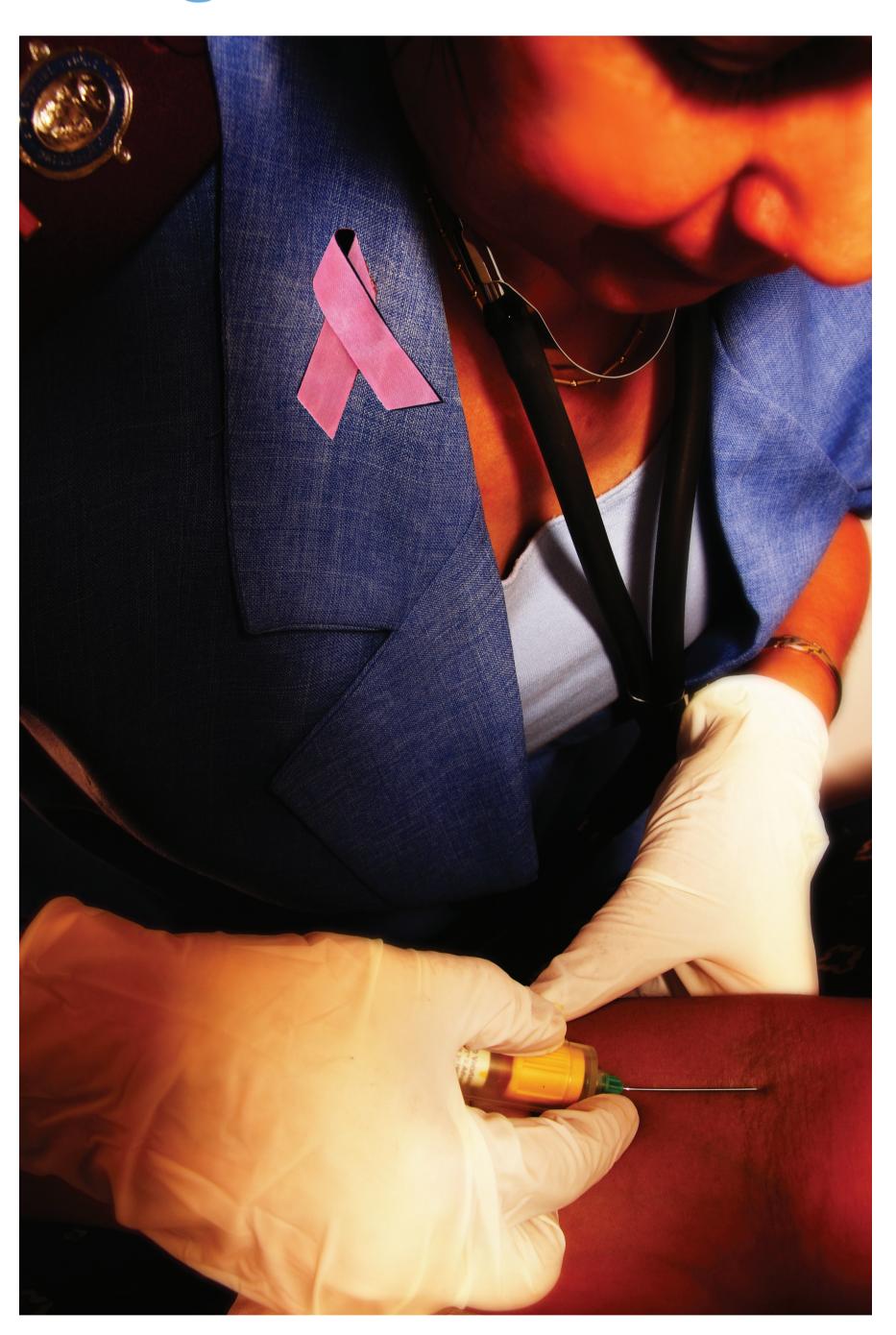
Figure 3: Graph representing the potent hit rate of plant specimens from different plant families

Table 1: Plant extracts exhibiting potent in vitro anti-cancer activity at the CSIR

Family	Plant species	CSIR sample number	Plant part	Extraction solvent	NCI result
ANACARDIACEAE	Rhus lancea	P00950A	whole plants	DCM	Not tested
APIACEAE	Steganotaenia araliacea ssp. araliacea	P00746B	leaves	DCM:MeOH	Not tested
APOCYNACEAE	Gomphocarpus fruticosus	P00552A	fruits	DCM	Not tested
APOCYNACEAE	Acokanthera oppositifolia	P00651B	fruits	DCM:MeOH	Not tested
APOCYNACEAE	Acokanthera oppositifolia	P00653A	stems	DCM	Not tested
APOCYNACEAE	Acokanthera oppositifolia	P00654B	roots	DCM:MeOH	Potent
APOCYNACEAE	Gomphocarpus fruticosus	P00786A	leaves, stems	DCM	Not tested
APOCYNACEAE	Gomphocarpus physocarpus	P00463B	roots	DCM:MeOH	Moderate
ARALIACEAE	Cussonia paniculata	P00656A	leaves	DCM	Moderate
ASTERACEAE	Zinnia peruviana	P00320A	whole plants	DCM	Potent
ASTERACEAE	Tithonia diversifolia	P00633A	leaves	DCM	Not tested
ASTERACEAE	Tithonia diversifolia	P00635B	stems	DCM:MeOH	Not tested
ASTERACEAE	Athrixia elata	P00204A	leaves, seeds	DCM	Moderate
ASTERACEAE	Xanthium strumarium	P00483B	stems	DCM:MeOH	Moderate
CELASTRACEAE	Gymnosporia tenuispina	P00316B	whole plants	DCM:MeOH	Potent
CELASTRACEAE	Gymnosporia tenuispina	P00317B	leaves, flowers	DCM:MeOH	Potent
CELASTRACEAE	Catha edulis	P00469A	roots	DCM	Moderate
CELASTRACEAE	Catha edulis	P00470A	leaves	DCM	Potent
	Parinari curatellifolia	P00256A	roots	DCM	Moderate
CRASSULACEAE	Kalanchoe paniculata	P01052B	roots	DCM:MeOH	Not tested
CRASSULACEAE	Kalanchoe paniculata	P01056B	leaves	DCM:MeOH	Not tested
CRASSULACEAE	Cotyledon orbiculata spp. oblonga	P02645B	stems	DCM:MeOH	Not tested
CRASSULACEAE	Cotyledon orbiculata spp. oblonga	P02650B	roots	DCM:MeOH	Moderate
EBENACEAE	Diospyros whyteana	P00283A	roots	DCM	Weak
HYPOXIDACEAE	Hypoxis rigidula spp. pilosissima	P00282A	stems	DCM	Weak
LAMIACEAE	Plectranthus verticillatus	P01978A	whole plants	DCM	Not tested
MYRSINACEAE	Rapanea melanophloeos	P00234A	not noted	DCM	Moderate
MYRSINACEAE	Myrsine africana	P00965A	roots	DCM	Moderate
PLUMBAGINACEAE	Plumbago zeylanica	P00631B	leaves	DCM:MeOH	Moderate
SOLANACEAE	Solanum aculeatissimum	P00095B	leaves	DCM:MeOH	Moderate
SOLANACEAE	Solanum panduriforme	P00893C	stems	H <sub>2</sub> O	Not tested
SOLANACEAE	Solanum tomentosum	P01294B	stems	DCM:MeOH	Not tested

Extraction solvent: DCM: Dichloromethane, MeOH: Methanol, H<sub>2</sub>O: Water CSIR's criteria: Potent: TGI < 6.25  $\mu$ g/mL for 2 to 3 cell lines NCI's criteria: Weak:  $\log GI_{50} > 1.10$  to 1.5 Moderate:  $\log GI_{50} > 0$  to 1.10 Potent:  $\log GI_{50} < 0$ .

Over 60% of currently used anti-cancer agents are derived from natural resources. A CSIR study identified 32 plant extracts from 7500 randomly-selected plants exhibiting potent activity against three cancers.



# **CONCLUSION**

Among the 32 plant extracts exhibiting potent activity in this study, the highest hit rate was observed for the family Asteraceae (see Figure 3), that is a known source of triterpenoids and sesquiterpene lactones. Results from this study led to the identification of known metabolites indicated by literature searches and were either patented or published for their use as anti-cancer agents. Perhaps the most notable observation from the results is that although the extracts of these taxa were randomly selected during the screening programme, 88% of these are reported to be used medicinally.

# **ENDNOTE**

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